

Attention Group Leaders: These questions may be more effective in gender specific conversations. If possible, give men and women separate spaces to talk through this guide.



Sermon on the Mount: Lust

Sunday, November 15th, 2015

In the **Sermon on the Mount**, Jesus is identifying what it means to be in His kingdom. He's calling us to see everything differently, by taking a higher view of sin. Sex and Lust are powerful because God created them. He gives us the gift of sexuality.

In what ways do you see culture taking a casual view of sex?

Read **Matthew 5:27-30** together as a group from a common translation. Then read through the passage again using the Message version.

Is Jesus primarily speaking about our outward behavior? What is his concern?

Why does Jesus use such strong language in verses 28-30?

There are two primarily ways we live out Jesus' words about Sex and Lust.

1. Set Aggressive Boundaries. –Recognizing that Sin is aggressive and responding likewise.

- *What are boundaries you need to set for yourselves?*
- *What are some small yes's and no's that are worth creating for yourself?*

2. Involve other People. –Taking the brave step of opening your life to others.

- *Why is it important to have someone to confess to?*
- *Why does it feel risky to tell someone who you really are?*

Our response to Sin is often a mixture of guilt and conviction.

What is the difference between conviction and guilt?

What do we need to truly experience freedom in the arena of sex and lust?