

You can change.

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How to Experience God's Power and
Make Real Progress in Your Life

May 22nd, 2016

You Can Change: A New Way of Life

In this series we've addressed that in order to truly see lasting change we must begin with real heart conversion, followed closely by sincere repentance. **This deconstruction must take place before God can begin building a new life.**

- *What are some other things better deconstructed first, before beginning with something new?*

Read **Philippians 2:12-13** together as a group. Take time to read it slowly, even repeating the passage a few times with different readers.

- *What do you think Paul means when he says we are to "work out our salvation"?*
- *What impact does salvation have on us in the here-and-now, not just eternally in the life to come?*
- *In what ways has the quality of your relationship with God varied over the years?*

We are called to put to work God's salvation in our life, letting God change what we our appetites are. These **appetites form our character, which forms our habits, which forms who we really are.**

- How does one best begin new habits? How can one end the bad habits?
- How do some habits affect the other seemingly unrelated habits in our lives?

There are two ways we go about changing our lives in a way that allows real progress: **looking to Jesus and looking inward at our own heart.** Only these steps help us to change our desires.

- *How can Jesus' life show us the way to start new habits?*

[This will be a different answer for everyone that chooses to answer the following questions.]

- *What specifically about his life brings the most desire for change in your own life?*
- *What are the things that you've learned your own heart needs and what are the things you needs to avoid?*
- *What area of your own life to you want to see change? What are you willing to do to see change?*