



Sermon on the Mount: Anger.

Sunday, November 9th, 2015

In the **Sermon on the Mount**, Jesus is interjecting his teaching into the personal lives of his listeners. Speaking of something everyone could relate to, *being angry*.

Anger is often the primary emotion of great literary (and movie) characters. Anger works to fuel the conflict the character is overcoming within the story.

Share some story references you know where this applies? What were they angry about? How did their anger lead them to act in the story they lived within?

Read **Matthew 5:21-26** by alternating different readers for each verse within the passage.

How do you feel verse 21 ties into the rest of the passage? Why would Jesus connect murder with the sin of anger?

What are the three ways, Jesus says we are "liable to judgment"?

Anger cuts into the relationships we have with God, believers, and those outside our faith. It's a deal breaker to being used by God in legitimate ways.

How does Anger hold others and God at arms length?

What does it mean to be responsible for reconciliation?

Anger doesn't change the details, but it does hold the power to change our hearts negatively.

What specific anger do you think may be holding you back from better relationships?

What does it look like to take the necessary steps of letting go of our anger?