

Four Choices: Listen Sunday, January 10th, 2016

It is often this time of year that we are **intentional** in our pursuit of self-improvement. We may resolve to lose weight, get active, step outside of our comfort zones, or challenge ourselves to learn something new in the New Year. Spiritually speaking, it's worth beginning the new year with a strong resolve to live intentionally too.

Are there any personal resolutions you've made this year as it relates to your walk with Christ and moving in a spiritual direction?

Read **John 6:53-58, 66-69** together as a group. Then go back and re-read **John 6:68-69** for special emphasis, maybe even reading it from different translations.

Why do you believe Jesus uses food and drink in his description of what life would be like following and knowing Him as Lord?

What are the three things Peter is specifically referencing in verses 68-69?

<u>Words of Eternal Life</u> || We come preloaded with desires when we engage with the Bible, and need something spoken to us. **God is the only one that can speak to these eternal desires**.

What are some of the desires that the group, and also you specifically, come with when you engage with God's Word?

We Have Believed | | There is something important about belief that needs action.

How does belief come through reading God's Word?

We Have Come to Know | A place of assurance is the beginning of truly connecting to God.

How does one go about finding replenishment spiritually? Why is it necessary?

Close your group sharing practical ways you've all learned to engage with God's Word over the course of your own spiritual lives. Be honest with your past struggles and past successes.