



FOUR CHOICES

LIVING AN INTENTIONAL LIFE THIS NEW YEAR

Four Choices: Love

Sunday, February 7th, 2016

The impact of love on us is legendary. Love in abundance, and even the lack of love have profound effect on who we are.

Share some definitions of what Love means to us individually? How would you define Love, versus how the world (culture, media) defines Love?

Love in action takes on two different forms: A **selfless Love** that promotes the welfare of others, and a **selfish love** that is bound up in what we can get from others.

Have you ever experienced an occurrence where of these demonstrations of love have been present at the same time and in the same moment?

Read **Mark 2: 1-12** together as a group. Re-read verses 5 and 12 separately for emphasis.

Detail the actions of selfless and selfish love found in this passage?

When you read this passage what comes to mind as the most important truth?

A **belonging love** is that which we choose to give and receive in authentic community.

Where do you see yourself attracted to community, friendship, and relationship? Use examples in media, television, work environments, etc...

Do you have any real spiritual friendships? How would you advise another to find meaningful community and friendship?

“For one human being to love another human being: that is perhaps the most difficult task that has been entrusted to us, the ultimate task, the final test and proof, **the work for which all other work is merely preparation.**” - Rainer Maria Rilke

Why is truly selfless love so hard to give and so rarely seen in our world?