



In the Spirit: How God Helps Us Grow | | No Condemnation in Jesus Romans 8:1-4

In today's world, we hear people talk about karma, you get what you deserve, good things for good people and bad things for bad people, etc....

- *Why do you think people feel like they have to get their lives right or be perfect before they can come to God?*

Read Romans 8:1-4 together as a group

- *What does it mean when Paul says there is no condemnation for a believer in Christ?*
- *Do you struggle with believing that God has truly wiped away all of your sins and that you are forgiven? Why or why not?*

Many times, we like to keep a mental list of what we have done right in our life and what we have done wrong. We allow this list to either make us feel guilty or feel good about ourselves.

- *Being completely honest, have any of you done this or presently doing this? Why do you think we measure ourselves in this way?*
- *How can the Holy Spirit help you from living as if you are enslaved to God because of your sin?*
- *The Lord wants you to live out of conviction and not out of guilt. What does that look like?*

God gives us the Holy Spirit as the primary change agent in your life. We are to live in humility and to be "the soil" for God to work in.

- *What can God grow in your soil if you allow Him?*
- *What is something that God is trying to grow in you right now?*