



In the Spirit: How God Helps Us Grow | | Adopted by the Father

Romans 8:12-17

We have spent a few weeks talking about Romans 8 and how change happens from within and that the Holy Spirit is the one who helps us.

- *What truth have you learned in the last few weeks and are trying to apply to your life?*
- *How has this truth made a difference in who you are at home and at work?*

Read Romans 8:12-17 aloud with your group and choose two different translations

- *What is the adoption that Paul is talking about?*
- *What word(s) or phrase(s) resonates with you and why?*

Many people struggle with the idea of being adopted by the Father because they may have a negative connotation based off their personal experience with their earthly father.

- *How is being adopted by our heavenly Father and having a personal relationship with Him different from the relationship with your earthly father?*
- *How would you explain this relationship or this truth to someone who isn't a believer?*

Being adopted by the Father means that God wants you, He wants to be a blessing to you and loves you unconditionally. This doesn't mean you are spared from suffering in your life. You must hold on to the truth that God is still there with you in the midst of it all and that your worth is found in Him.

- *Where do you struggle in finding your self-worth?*
- *If we lived out this truth daily of our self-worth being in Christ, how would that affect how we lived our lives?*