



In the Spirit: How God Helps Us Grow | | God Loves You Romans 8:31-39

God is viewed in many different ways by people from all over the world. It is important for us to understand the truth about Him, which is God is love.

- *Why do we need to understand this truth about God? How does this truth help us with growing in our faith and allowing God to change us?*

Read Romans 8:31-39 together as a group

- *What is the main take away from these verses?*
- *Do you find it difficult to believe that truly nothing can separate us from God? Why or why not?*

Love is a word that has multiple meanings to us depending how it is being referenced. To say that God is love means that He loves you no matter what you have done or will do. There is nothing on earth that can compare to the way God loves you.

- *God's love is a secure love; nothing will stop Him from loving you. Do you find comfort in this or do you find it challenging to believe? Please explain.*
- *God's love is satisfying, it never ends. It is said that we all have a God-shaped hole in our heart. What are some of the things you have tried throughout your life to fill that hole with?*

Holding on to the truth that God loves you no matter what can be difficult. We have so many negative voices in our lives and even our own heads that try to tell us that He doesn't love us.

- *How can we apply this truth, **that I am loved by God**, to our lives? What practical things can you do daily to hold on to this truth?*