



## **In the Spirit: How God Helps Us Grow | | Hope in the Unseen**

### **Romans 8:18-25**

The book of Romans continues to paint a picture of what it means to live in the hope that Christ is coming and that all of our suffering on earth will be worth it to spend eternity with Him. Paul is teaching us what it means to walk with Christ, be free in Christ and to live in the truth that we are adopted by Him.

- *What are you doing in your life on a regular basis to know Christ more and to grow deeper in your relationship with Him?*

### **Read Romans 8:18-25 together as a group**

- *Why do you think Paul uses the creation imagery to compare what we are going through here on earth?*
- *What does Paul mean with the use of the word, groaning? What are the things that you “groan” about regularly?*

The reality is life is disappointing. It can be easy to dwell in this hard truth or we can choose to find hope in what is yet to come.

- *How do you usually handle the disappointments that you have experienced in life?*
- *Do you find it difficult to trust in the Lord and know that our hope is in Him? Why or why not?*

We must learn to allow the sufferings in our lives to sharpen us and help us keep our eyes on Jesus knowing that we will spend eternity with Him. Remember, there is something better coming to those who believe in Christ as their Savior.

- *Take some time to pray with your group about the disappointments people have shared and encourage each other that your hope is in Christ.*