



Faith, Hope and Love || What is Hope?

Ephesians 1:15-21

For the last four weeks, we have been discussing faith and what that means in our Christian lives.

- *How do you define faith?*
- *How does faith intersect in your life on a daily basis?*

Read Ephesians 1:15-21 with your group from at least two different translations

- *As a body of believers reading these encouraging words, that Paul wrote to the people at Ephesus, what thoughts or feelings come to you?*
- *How have we been called to hope?*

In our present world, there are things that are against us: the devil, other people and even our own hearts.

- *How can your own heart cause you to lose hope?*
- *In the midst of these battles, how can we remain hopeful?*

It is easy for us to look to ourselves for hope instead of God. When we do this, we become angry, fall into desperation and ultimately into a state of despair. The Lord gives us the hope we need. Waiting in His hope allows us to surrender, to remain calm and hooks us into a future with Him.

- *Can you think of a time when you have put your hope in yourself and not God? How did that go for you? Please share your experience with the group.*

As you close your group, ask yourself are you hopeful? What is hard in your life right now that you need help in finding hope in the Lord? Take some time to share and pray for each other.