

Shout Out: Let 'em Know You're Thankful

Use this guide to help your family learn how
God wants us to be grateful.

First, watch
this week's
video!

Gratitude:
Letting others
know you see
how they've
helped you

Memory Verse

Give thanks to
the Lord, because
he is good. His
faithful love
continues forever.
Psalm 136:1, NIV

Bible Story

Give Thanks No
Matter What
Happens
1 Thessalonians 5:18

Key Question

What are you
grateful for?

Activity

Gratitude List

WHAT YOU NEED:

Paper and pen (for both you and your child)

WHAT YOU DO:

Sit down with your child and give them a sheet of paper and a pen. Grab a set for yourself, too. Tell your child that you're both going to make a "gratitude list" of 10 things you're thankful for, in no particular order.

Make your list while your child does theirs. Then, switch papers and circle what you think your child would say are their top three things on their list, while they do the same on YOUR gratitude list. When you're both finished, share which three things each of you picked, and see if each of you guessed correctly!

Talk About the Bible Story

Describe a grateful person. Now describe an ungrateful person.

Do you think we can be grateful even when we don't FEEL grateful? Why or why not? (*We can be grateful all the time because God loves us and takes care of us.*)

What's the best way to change an ungrateful attitude to a grateful one? (*Remember all that you have—family, home, food, etc.*)

Is there a time that you can remember feeling really grateful?

Parent: Share a story about a time when you were grateful or ungrateful.

Prayer

Use this prayer as a guide, either after talking about the Bible story or sometime before bed tonight:

"Dear God, gratitude doesn't come easy to us, especially when we're having a bad day. We need Your help to remember that Your plans are always good. Instead of complaining about what's bad, help us choose to be grateful for all that is good. In Jesus' name, amen."



Day 1

Go to Studio252.tv and watch this week's episode of The So & So Show.

➡ Click on Fun2Watch! then The So & So Show.

Even if you already saw it at church, feel free to check it out again!

SO & SO TOP 3

After watching, write one thing that:

1. You liked: _____

2. You learned: _____

3. You'd like to know: _____

Journal

Spend some time thinking about the question below and journal your thoughts or share them with a parent.



Day 4

Gratitude is contagious, so today, find a friend or family member with whom you can share the list you made yesterday.

Just as you did when you prayed, get specific, sharing exactly why you're thankful for the things on your list.

Ask a friend what they are thankful for, and if they struggle to come up with some things, help them see some of the gifts and blessings in their own life. Share 1 Thessalonians 5:18 with them, reminding them that we should give thanks no matter what happens!



Day 5

Look around your house for a notebook or journal (be sure and ask if it's not yours!).

If you can't find one, grab some blank sheets of paper and find a way to bind them (paper clip, staple, tape, etc.)

On the front of your journal (or the first page, if you can't write on the cover), write the words GRATITUDE JOURNAL. Use your creativity to decorate and personalize your journal.

Go back and look at what you wrote on Day 3 of your GodTime card. You wrote three things you're thankful for, but you likely have far more than three things to thank God for! For the next month, try to write 1-2 things in your gratitude journal every single day that you're thankful for. And don't stop there . . . aim for a lifetime of gratitude journaling because you always have something to be grateful for.

Day 2

Read 1 Thessalonians 5:18

Read 1 Thessalonians 5:18 out loud. When you say “give thanks” and “God wants you to thank Him,” do the following sign from American Sign Language, which means to thank God.

Search how to sign this:

<https://www.signingsavvy.com/sign/THANKS/7585/1>

It’s not a coincidence that the sign has you moving your hands upward, as though to God, because in American Sign Language, you move your hands in the direction of the person you’re thanking. Every time you notice something great today, make the sign as a remembrance that you’re thanking God. You always have something to be grateful for!



Day 3

Hopefully when you talk to God, you include some time for gratitude.

Hopefully when you talk to God, you include some time for gratitude. But today, pray a prayer that’s only gratitude. Start out by writing at least three things below that you are thankful for.

Now take some time to thank Him for the good things He is doing in your life and all the gifts He’s given you, making sure to mention the things you’ve written above. Be specific in your prayer, telling God exactly why you’re thankful for those things!

NOVEMBER
2020

Preteen

WEEKLY CUES

YOU GOT
THIS!

Theme

Shout Out: Let 'em Know You're Thankful

Gratitude is letting others know you see how they've helped you.

Week One

Give thanks no matter what happens
1 Thessalonians 5:18

Ask This

What are you grateful for?

Do This



Morning Time

Leave a note by your child's breakfast or on their mirror asking them, "What can you be grateful for today?" At the end of the day, ask them what they decided to be grateful for!

REMEMBER THIS

"Give thanks to the Lord,
because he is good. His faithful
love continues forever."
Psalm 136:1, NIV

**No matter what
your family looks
like, God is at work
telling a story of
restoration and
redemption.**

—Reggie Joiner

For blog posts and parenting resources, visit TheParentCue.org