

Offstage: Drop the Act

Use this guide to help your family learn about
how God wants us to live with integrity.

First, watch
this week's
video!

Integrity:
choosing to
be truthful in
whatever you
say and do.

Memory Verse

Anyone who lives
without blame
walks safely. But
anyone who takes
a crooked path will
get caught.
Proverbs 10:9, NIV

Bible Story

Say Anything
(No Secrets
with God)
1 John 1:9

Key Question

What do you talk
to God about?

Activity

A Dip in Forgiveness

WHAT YOU NEED:

Two small scraps of napkin, washable
marker, bowl, water

WHAT YOU DO:

Fill the bowl with water. Say, "Today's
video talked about how God wants us
to tell Him everything. He wants us
to talk to Him like a friend. And if we
mess up, we can ask God to forgive us,
and He will—no matter how bad we
think it is!"

"Let's both sit and think about
something we've done or said recently
that we know we shouldn't have. You
don't have to say it out loud—just think
about it.

(Pause for reflection.)

"Now, let's both write 'FORGIVEN' on
our paper." *(Write FORGIVEN on the
napkin and prompt your kid to do the
same.)*

Put the napkin scraps into the water
and swirl the napkin around a bit.
watch how "Forgiven" starts to
disappear.



Talk about the Bible Story

Look up 1 John 1:9 and read it together.

How is what happened to the ink on our napkin similar
to how God forgives us? *(When we ask for forgiveness,
God forgives us and makes it so that the wrong things
we've done no longer separate us from Him.)*

What does it mean to sin? Why should we tell God
about it? *(We sin when we do something we know
we shouldn't. Everyone sins, grownups included. God
wants us to tell Him when we've sinned so that He can
forgive us.)*

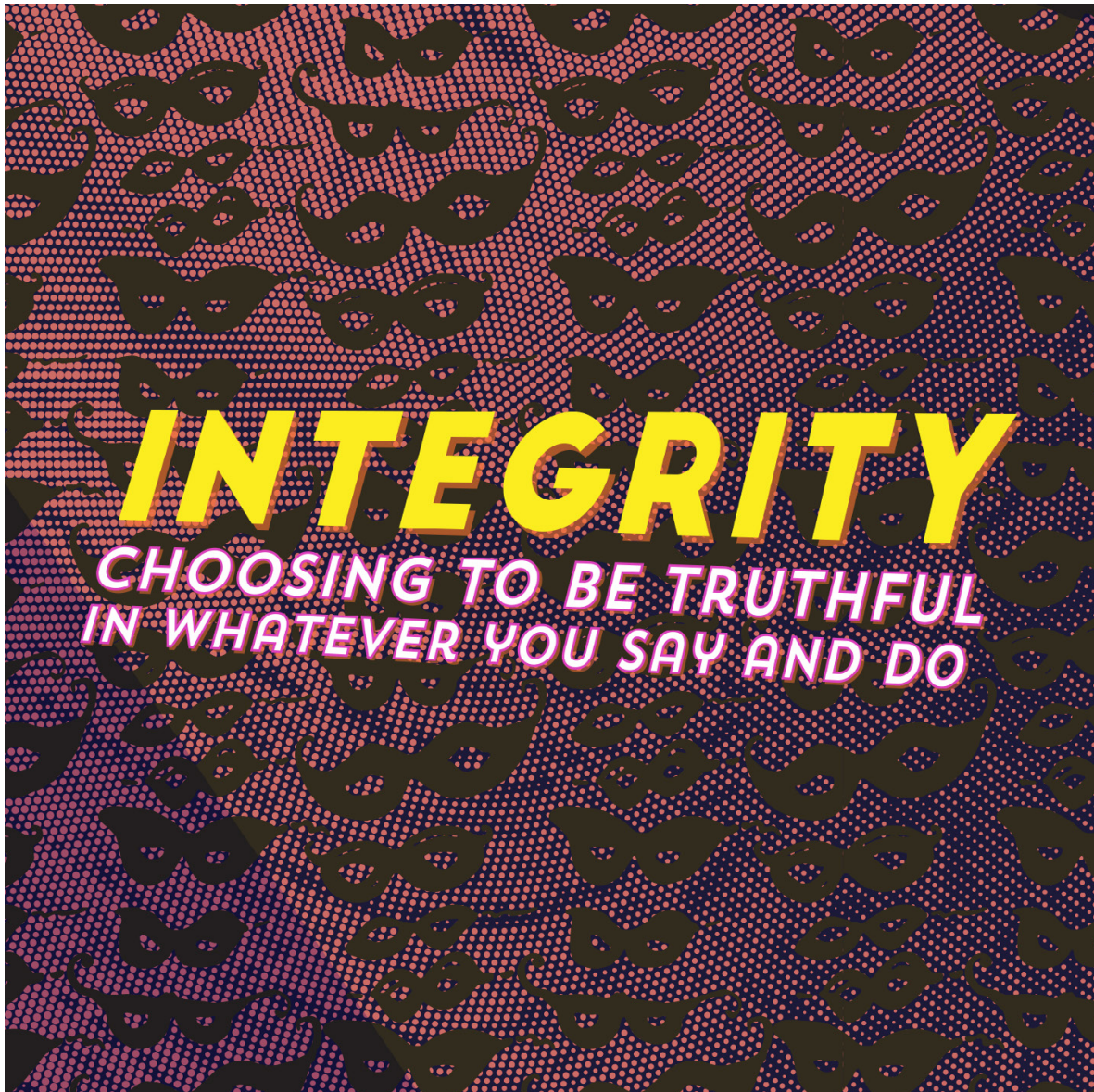
How does confessing our sins and being truthful keep
us close to God? *(When we're truthful with God, we
remember that He sent Jesus to make it possible for
us to have a forever relationship with Him.)*

Is there anything you need to tell God about right now?
Let's pray silently for a moment and talk to God about
those things.

Prayer

Use this prayer as a guide, either after talking about
the Bible story or sometime before bed tonight:

"Dear God, thank You for loving us. Thank You for
sending Jesus. Because of Him, nothing can separate
us from You. God, sometimes we try to hide things from
You. But You are interested in everything about us, and
that is AMAZING to think about! We ask You to remind
us to share our lives with You—because You love us.
We love You, too! We pray this in Jesus' name. Amen."



Day 1

Go to Studio252.tv and watch this week's episode of The So & So Show.

➡ Click on Fun2Watch! then The So & So Show.

Even if you already saw it at church, feel free to check it out again!

SO & SO TOP 3

After watching, write one thing that:

1. You liked: _____

2. You learned: _____

3. You'd like to know: _____

Journal

Spend some time thinking about the question below and journal your thoughts or share them with a parent.

**WHAT DO
YOU TALK
TO GOD
ABOUT?**

Day 4

Who do you find it easiest to talk to about everything in your life? Maybe it's your best friend, or your mom, or your Small Group Leader?

What about that person makes you feel like you can tell them anything? Most likely it's trust. You know you can trust them to understand, to not make you feel bad, and to love you no matter what.

Did you know all of those things are true about God? You can trust Him no matter what. He wants to know everything about you, and He will love you no matter what!

Close your eyes and talk to God. Tell Him about your day, how you need His help, and you can even tell Him something funny that happened. God has a great sense of humor! (After all, He made the blob fish!)

After you talk to God, follow up with the person you thought of, and thank them for being a person who points you to God!

Day 5

Confession. It doesn't sound like much fun, does it? But confessing what we've done wrong to God is freeing.

Look around the room and see what you might have that is pretty heavy to pick up (but that you won't break your back trying to lift!). Pick it up and hold it for 30 seconds. Are you tired? If not, hold it 30 seconds longer. Now, set it down. How does that feel? Pretty awesome, right?

Holding things inside—things that God knows about anyway—that doesn't feel good. So even though it might make you feel nervous to think about admitting something you've done wrong to God, when you do, the freedom and relief you will experience will feel way better than you can imagine. This week, take time each day to intentionally “let go” of everything you're holding on to and **talk to God about it all!**

Day 2

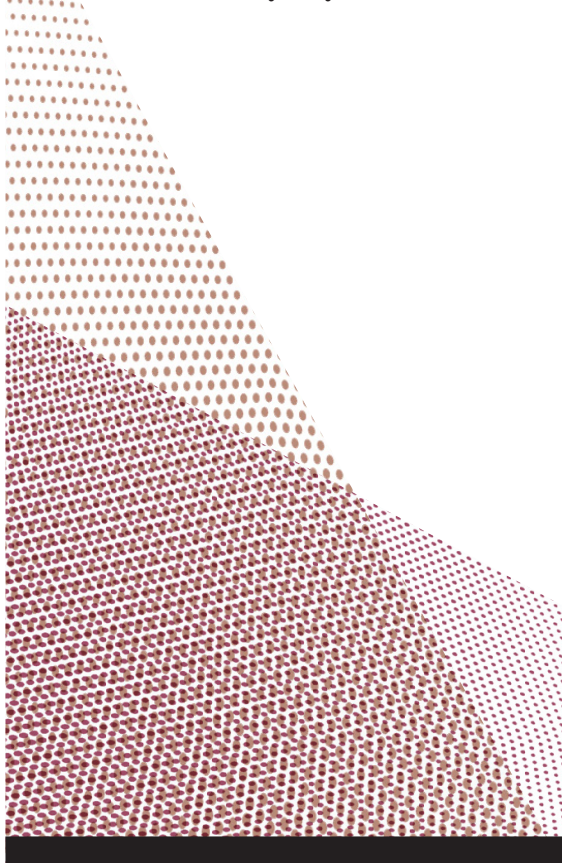
Read 1 John 1:9 out loud.

Now, write the words from the verse that describe God.

God (who He is/what He does)

Us (what we do/how God sees us)

How amazing is it that all it takes for us to be forgiven is to tell God the things He knows about us anyway?!



Day 3

What kind of prayers do you usually pray?

If you're like most people, these are probably the most common times you pray:

- Meal time
- Bed time
- When you're scared
- When you need something

Those are all great times to pray! But God wants to hear from you more than just when you need something. He loves hearing about your day—whether it was the best day ever or a really bad one. And He longs for you to go to Him when you know you've messed up and need forgiveness.

Take a few minutes to talk to God now, but try to do it in a different way than you usually do. If you normally pray in your bed, try praying standing up or even brushing your teeth. If you usually pray a prayer of thankfulness, try adding on a time of confession: telling God what you're struggling with or something you've done wrong. As you “shake up” your prayer time, it will help you be more truthful with God, **and being truthful with God keeps you close to Him.**

OCTOBER
2020

Preteen

WEEKLY CUES

YOU GOT
THIS!

Theme

Offstage: Drop the Act

Integrity is choosing to be truthful in whatever you say and do.



REMEMBER THIS

"Anyone who lives
without blame walks safely.
But anyone who takes a
crooked path will get caught."
Proverbs 10:9, NIV

Week Two

No Secrets with God
1 John 1:9

Ask This

What do you talk to God about?

Do This



Meal Time

Q&A FOR KIDS: Do you think there's such thing as a little white lie? Why or why not?

Q&A FOR PARENTS: How do you think people describe you and your character? How would you want them to describe you?

**You're not
likely to get the
encouragement
you need from
your kids, so make
it a priority to
Widen the Circle
and connect with
other parents.**

For blog posts and parenting resources, visit TheParentCue.org
