

# Offstage: Drop the Act

Use this guide to help your family learn about  
how God wants us to live with integrity.

First, watch  
this week's  
video!

Integrity:  
choosing to  
be truthful in  
whatever you  
say and do.

### Memory Verse

Anyone who lives  
without blame  
walks safely. But  
anyone who takes  
a crooked path will  
get caught.  
Proverbs 10:9, NIV

### Bible Story

Rise Up  
(Daniel's Integrity)  
Daniel 1

### Key Question

How do you  
want people to  
describe you?

## Activity

### Scenario Says

#### WHAT YOU NEED:

No supplies!

#### WHAT YOU DO:

Tell your child that integrity means choosing to be truthful in whatever you say and do. You're going to take turns reading a scenario from the list below. One of you will come up with a response that shows integrity, and one of you will think of a response that doesn't show integrity.

(Make sure to take turns coming up with the positive response versus the negative response so one person isn't exclusively thinking of negative reactions!)

- You find \$10 in the couch cushions.
- You promised you would clean your room.
- You said you would finish your homework but you really want to go outside and meet up with a friend.
- You are at a friend's house when they start watching a movie that you know you're not allowed to watch.
- Your dad tells you goodnight and asks you to read 30 minutes before going to sleep.
- You pick up your sister's latest LEGO creation. A big chunk breaks off, and you can't fix it on your own.

## Talk about the Bible Story

In your own words, what do you think integrity means?

Why was Daniel taken to Babylon? (*Daniel was taken to Babylon because King Nebuchadnezzar conquered Judah and marched all the people to Babylon to live*)

How did Daniel and his friends show integrity during their training? (*They didn't eat the king's food. Doing so would dishonor God because the food had been offered to false gods*)

What happened when Daniel and his friends only ate vegetables for 10 days? (*they looked healthy and well fed—they looked better than the men who ate the king's food*)

When can it be hard for you to tell the truth or show integrity? (*Allow them to respond.*)

Integrity is more than being honest. It is about being honest even if no will see or hear you being honest. (*Share an example of an area in your life where you're working on integrity.*)

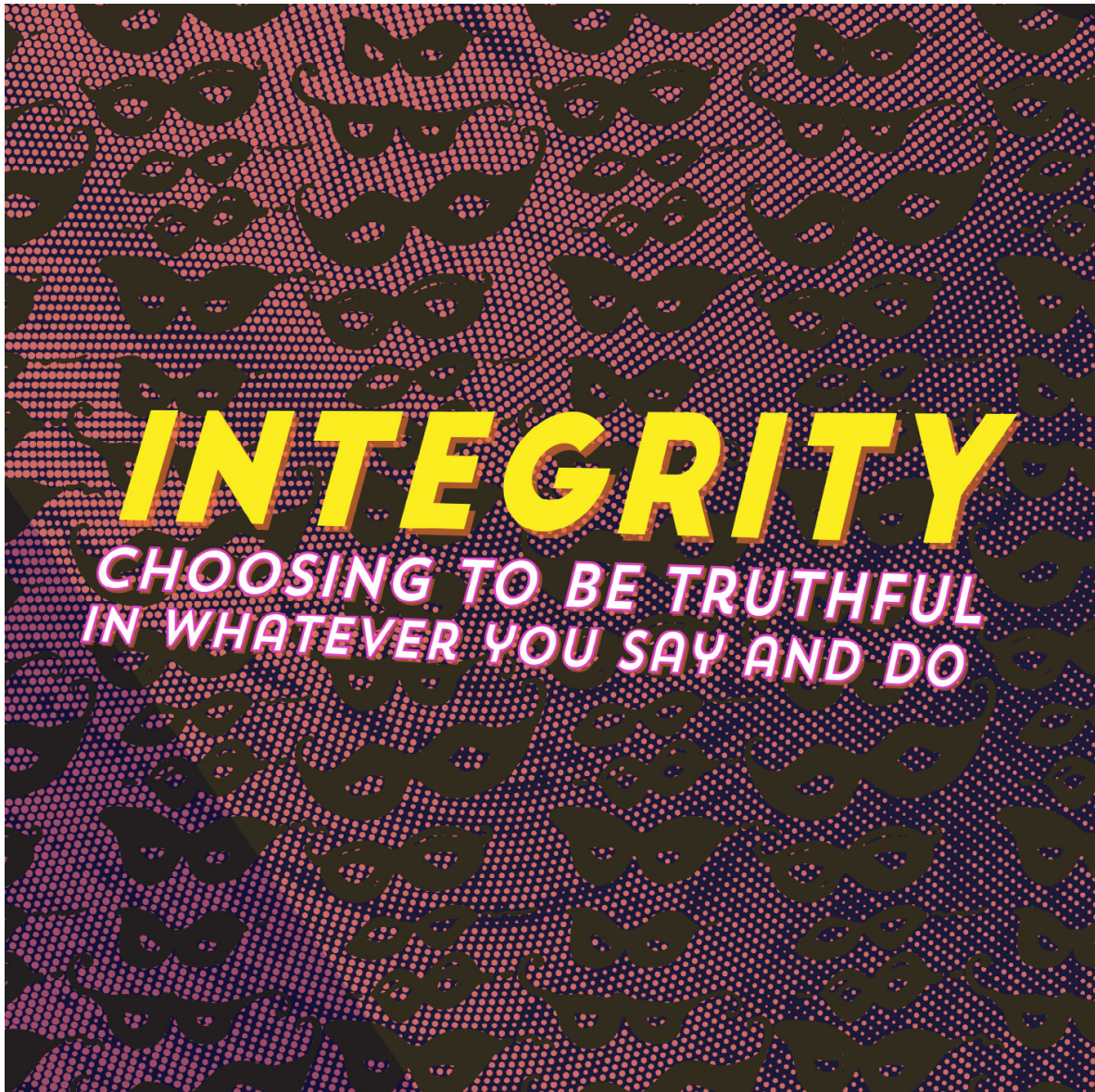
How can you work on integrity this month?



## Prayer

Use this prayer as a guide, either after talking about the Bible story or sometime before bed tonight:

"God, You are faithful and never change! In everything You say and do, You have always been truthful! We can trust You no matter what. God, You made each one of us in Your image, and we want to reflect You to others. Help us to show integrity and be truthful in whatever we say or do. In Jesus name we pray. Amen"



## Day 1

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Go to [Studio252.tv](http://Studio252.tv) and watch this week's episode of The So & So Show.

➡ Click on Fun2Watch! then The So & So Show.

Even if you already saw it at church, feel free to check it out again!

### SO & SO TOP 3

After watching, write one thing that:

1. You liked: \_\_\_\_\_

\_\_\_\_\_

2. You learned: \_\_\_\_\_

\_\_\_\_\_

3. You'd like to know: \_\_\_\_\_

\_\_\_\_\_

# Journal

Spend some time thinking about the question below and journal your thoughts or share them with a parent.

**HOW DO  
YOU WANT  
PEOPLE TO  
DESCRIBE  
YOU?**

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## Day 4

“Being truthful with your life” – that’s a pretty big concept. And how it looks from person to person can look different. It’s all about finding out who God has made you to be, and living a life of obedience to that call.

In other words, if God has made you to be a funny person, but you find yourself keeping that part of yourself away from others for fear of not being taken seriously, that wouldn’t be truthful. Or maybe you’ve seen God do something amazing in your life and when people ask you about it, you hold back and don’t point to God for fear they will make fun of you. That wouldn’t be truthful either.

There are so many ways to live a life of integrity, so take a few minutes to interview a few people that you see living a truthful life. Ask them what they think integrity means, and what they think it means to live a truthful life. Ask them about a time they were tempted to not live a truthful life. And be sure and tell them how you see them living out integrity!

## Day 5

Today, you’re going to do a little self-inventory. Use the space on the back or a separate piece of paper.

What are six words you would use to describe yourself?

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What are six words you would want people to use to describe you?

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Are these words the same? Maybe some are the same, and some are different? Circle any from the second group that you didn’t use in the first.

These circled words might just be the key for you to live a life of integrity—being true to who God made you to be! Ask God to help you live truthfully and live the life He has called you to live!



## Day 2

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**Read Daniel 1:3-5, 15-20**

As you read verses 3-5, underline the characteristics of the young men the king was looking for. Then as you read verses 15-20, circle the description of Daniel and his friends. Lastly, draw a line from each of the things the king was looking for in these men down to the circled description that matches it in verses 15-20.

That line, the space between verses 5 and 15, represents years of living lives of integrity by Daniel and his friends!

How you live your life—what you do with the space between now and then—matters!

## Day 3

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**Sometimes when we think about being truthful, we think it just means not telling any lies. But integrity is more than that: it means being truthful with your whole life.**

That's a little more overwhelming, isn't it? Thankfully we have great examples like Daniel, and we have help from God.

Go grab your favorite snack. As you eat the food, imagine if you believed God was asking you to give it up for some reason. Would you be able to? It would be hard, but if you knew God had something better in mind, it would be a little easier, right? Don't worry, chances are good that God isn't asking you to give up fruit snacks or popcorn, but there may be other things in your life that He wants you to stop or start doing, and when you are obedient to live life in the way that He's called you to, you will live a life of integrity.

As you finish your food, ask God to show you any areas of your life where you might not be living truthfully and to give you the strength to change course!

OCTOBER  
2020

# Preteen

WEEKLY CUES

YOU GOT  
THIS!

## Theme

# Offstage: Drop the Act

Integrity is choosing to be truthful in whatever you say and do.



## REMEMBER THIS

"Anyone who lives  
without blame walks safely.  
But anyone who takes a  
crooked path will get caught."  
Proverbs 10:9, NIV

## Week One

Daniel's Integrity  
Daniel 1

## Ask This

How do you want people to describe you?

## Do This



## Morning Time

**W**rite a note to your child on their mirror or a sticky note on their door saying, "Be brave by being truthful with your whole life." If they ask what you mean, talk to them about being true to who they are and not bending or changing to what their friends behaviors are like. For example, if you see someone not being kind, stand up for what is right.

**It doesn't make  
you a bad parent  
to ask for help,  
it makes you a  
better parent.**

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For blog posts and parenting resources, visit [TheParentCue.org](https://TheParentCue.org)

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