

Shout Out: Let 'em Know You're Thankful

Use this guide to help your family learn how
God wants us to be grateful.

First, watch
this week's
video!

Gratitude:
Letting others
know you see
how they've
helped you

Memory Verse

Give thanks to
the Lord, because
he is good. His
faithful love
continues forever.
Psalm 136:1, NIV

Bible Story

Jesus Heals
10 Men
Luke 17:11-19

Key Question

Why do people
forget to say
thank you?

Activity

No Thumbs

WHAT YOU NEED:

Items such as paper, pen, coin, paper clip, etc., and a timer (*optional*)

WHAT YOU DO:

Place all the items on a flat, hard surface, like a tile floor or a table. Tell your child to try to pick up the items without using their thumbs. They can only use their other fingers and/or their flat palms (to "scoop" items). To add a little pressure, you could time how long it takes for them to pick up each item, seeing which item requires the most effort.

Say, "It's not easy picking up things without your thumbs, is it? Imagine not being able to use your hands at all. The men in our story had a disease that caused lots of painful problems like that. That's why it was so amazing that Jesus healed them!"

Talk About the Bible Story

What happened to the men in the story? (*They were sick and Jesus healed them.*)

Why do you think nine of the 10 men didn't say thank you?

Why should we say thank you often?

What kinds of things make you want to say thank you?

What if you didn't say thank you for something, but you're pretty sure the other person knows you're grateful? Is it okay to just skip the actual "thank you" part and move on? Why or why not?

Who do you need to thank today? How will you do it?

As a family, think of someone you can say thank you to. Give them a call, send a text, or write them a card and drop it in the mail.

Prayer

Use this prayer as a guide, either after talking about the Bible story or sometime before bed tonight:

"Dear God, remind us this week to say thank you to those who help us, love us, and do kind things for us. Please give us grateful hearts so that we're quick to thank the people You've put in our lives. Help us show our love for You, and for others, with words and actions that say thank you. In Jesus' name. Amen."



Day 1

Go to Studio252.tv and watch this week's episode of The So & So Show.

➡ Click on Fun2Watch! then The So & So Show.

Even if you already saw it at church, feel free to check it out again!

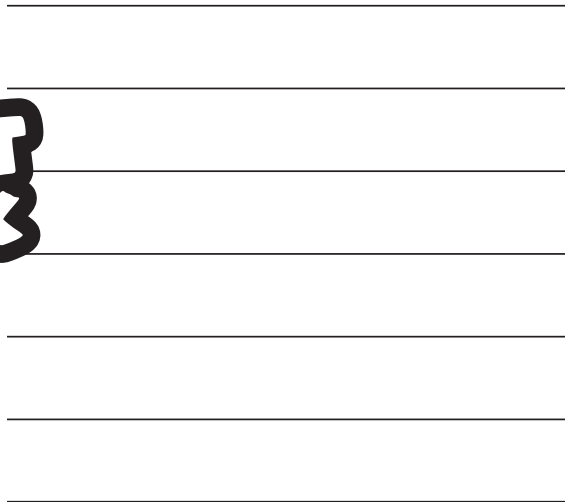
SO & SO TOP 3

After watching, write one thing that:

1. You liked: _____

2. You learned: _____

3. You'd like to know: _____

A large, stylized, black-outlined number 3 is positioned on the left side of the page. The number is composed of two thick, curved strokes. The background is white and features several horizontal lines, suggesting a notebook or a template for writing. The number 3 is the central focus of the image.This image shows a blank sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.

Day 4

On day two, you wrote out the four things the man did to thank Jesus for healing him.

It should have looked something like this:

1. He stopped what he was doing and came back to Jesus.
2. He praised God in a loud voice.
3. He threw himself at Jesus' feet.
4. He thanked Jesus.

If we interpret this for our lives, we need to:

1. Take the time to thank others.
2. Thank God for what He has done.
3. Humble ourselves to see what others have done for us.
4. Simply, thank others.

Today, set a timer for morning, afternoon and evening. When your timer goes off, stop what you are doing and thank God for something He has done. Then, think about what others have done for you as well, and before you resume whatever you were doing, take a minute to thank them. You can call them, write a thank you note or email, shoot a text . . . the method doesn't matter, but make sure you take time to thank God and others today!



Day 5

We don't know exactly why the other nine men didn't stop, go back and thank Jesus.

We assume they were overjoyed to be healed, and if you were to interview the men, they probably would say they were very thankful to Jesus. So why didn't they say it?

Most likely? They simply forgot. They were probably so anxious to get to the priest and be declared healthy and able to return to their families, their work, and their lives, that it just didn't occur to them to turn back and say thank you.

How many times do you think you are like the nine? During times like Thanksgiving, or Mother's or Father's Day, we might take time out to think about how thankful we are for the people in our lives, and the blessings God has given us. But during our daily lives, sometimes we simply are too busy and too caught up in our own plans and activities to take the time to say thank you.

Get a pen or marker and write these letters/numbers on each of your fingers.

B the 1.

Every time you look at your hand today, remember the goal to "be the one." The one who takes time to say thank you. The one who stops what you're doing to recognize what others have done for you. The one who remembers to show gratitude. Be the one.

Day 2

Read Luke 17:11-19

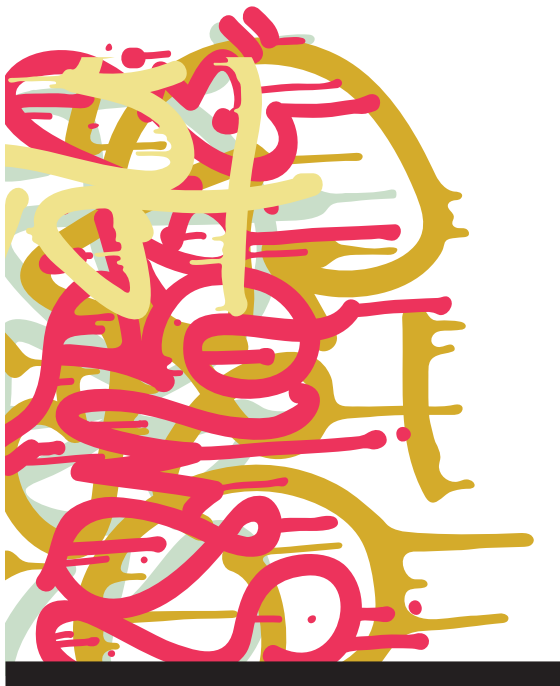
In Luke 17, Jesus heals 10 men who are very sick with a skin disease. This disease would have not only impacted their health, but their families, their jobs, everything in their lives. You would think that being instantly healed from such a terrible disease, their first instinct would have been to go back and thank the One who healed them.

But only one man did. One man out of 10.

In fact, this man took four steps to thank Jesus. Read verses 15 and 16 and write out the four things he did.

- 1.
- 2.
- 3.
- 4.

We can learn something really important from the one man's responses: Say thank you.



Day 3

1 Thessalonians 5:18, the memory verse this month says:

Give thanks no matter what happens. God wants you to thank him because you believe in Christ Jesus. (NIrV) But back up a verse and read verse 17 too: “Never stop praying.”

It's fitting that those two verses are right next to each other, because praying is one of the best ways we can give thanks! We can thank God in our prayers for the things He has done. We can thank God for others in our prayers. We can thank God simply for making us and loving us.

Pray a prayer of thankfulness now—thanking God for who He is and what He's done, and expressing thankfulness for the people He has put in your life. Try to have every sentence in your prayer to start out with the words, “Thank You.” Even if you have specific needs to pray about, start out that sentence by thanking God. (Like, thank You, God, for giving me a loving grandma, and please heal her quickly.)

Never stop praying, and give thanks no matter what happens.

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Preteen

WEEKLY CUES

YOU GOT
THIS!

Theme

Shout Out: Let 'em Know You're Thankful

Gratitude is letting others know you see how they've helped you.

Week Three

Jesus Heals 10 Men
Luke 17:11-19

Ask This

Why do people forget to say thank you?

Do This



Bed Time

Share about something in your life that hasn't gone the way you hoped. Whether it is big or small, can you think of things to be grateful for? Make a list of at least ten things you are thankful for right now. Pray together, thanking God and asking Him to give you eyes to see all the good things around you—no matter what is going on in your life.

REMEMBER THIS

"Give thanks to the Lord,
because he is good. His faithful
love continues forever."
Psalm 136:1, NIV

**Gratitude
can transform
common days into
thanksgivings,
routine jobs into
joy, and ordinary
opportunities into
blessings.**

—William Ward

For blog posts and parenting resources, visit TheParentCue.org