

# Shout Out: Let 'em Know You're Thankful



**First, watch  
this week's  
video!**

Gratitude:  
Letting others  
know you see  
how they've  
helped you

## Memory Verse

Give thanks to  
the Lord, because  
he is good. His  
faithful love  
continues forever.  
Psalm 136:1, NIV

## Bible Story

Jesus Heals  
10 Men  
Luke 17:11-19

## Bottom Line

Say thank you.

Use this guide to help your family learn how  
God wants us to be grateful.

## Activity

### No Thumbs

#### WHAT YOU NEED:

Items such as paper, pen, coin, paper clip, etc., and a timer (*optional*)

#### WHAT YOU DO:

Place all the items on a flat, hard surface, like a tile floor or a table. Tell your child to try to pick up the items without using their thumbs. They can only use their other fingers and/or their flat palms (to "scoop" items). To add a little pressure, you could time how long it takes for them to pick up each item, seeing which item requires the most effort.

Say, "It's not easy picking up things without your thumbs, is it? Imagine not being able to use your hands at all. The men in our story had a disease that caused lots of painful problems like that. That's why it was so amazing that Jesus healed them!"



## Talk About the Bible Story

What disease did the men in the story have? (*skin disease, leprosy*)

How many men in the story had a skin disease? (*10*)

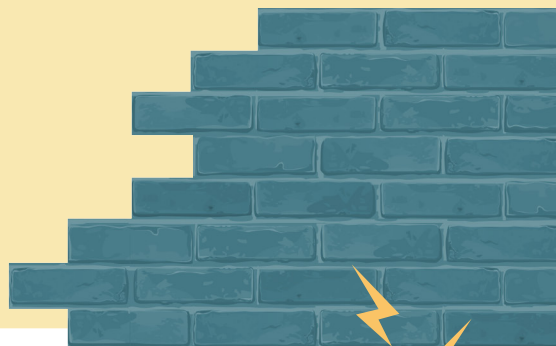
How many men in the story did Jesus heal? (*10*)

How many men came back to thank Jesus? (*one*)

Why should we say thank you often?

What kinds of things make you want to say thank you?

*As a family, think of someone you can say thank you to. Give them a call, send a text, or write them a card and drop it in the mail.*



## Prayer

Use this prayer as a guide, either after talking about the Bible story or sometime before bed tonight:

"Dear God, remind us this week to say thank you to those who help us, love us, and do kind things for us. Please give us grateful hearts so that we're quick to thank the people You've put in our lives. Help us show our love for You, and for others, with words and actions that say thank you. In Jesus' name. Amen."

# Gratitude means letting others know you see how they've helped you.

WEEK  
3  
2ND-3RD

DAY 1

## Read Philippians 4:6

Have you ever heard the phrase “mind your manners?” Here are some manners you’ve probably learned by now:

Say, “Please!” and “Thank you.”

Say “Excuse me.”

Don’t interrupt when someone else is talking.

Wait your turn.

Manners are important because they show others they are important to us! When we choose to mind our manners, we remind ourselves to be focused on others, not just on what we want.

This week, look for opportunities to say “thank you.” Find the littlest things and say, “thank you.” **Ask God to help you “mind your manners” and show gratitude.**

DAY 2

## Read Luke 17:15–16

In this story, there were ten men with this terribly painful skin disease called leprosy. Lepers (people with leprosy) had to leave their family behind and live with others lepers. It would be like heading into quarantine but with a bunch of strangers who were sick too.

One day, ten lepers met Jesus and He healed them! Quarantine was officially over. Nine of them headed straight home, happy to get back to life as usual. But one leper returned. Why? To say, “thank you.” It’s not that the other nine weren’t grateful. But only one took the time to go back and actually say it.

Are you more like the nine who forgot to show gratitude or more like the one who took the time to go back and say thanks?

Grab your “Gratitude List” for this month or start a new list today. Under Week 3, write down three people who have done something to help you in the last few days. Have you said, thank you, to them? If not, take the time this week to go back to the three people on your list and **say thank you!**

Say thank you.

PARENT CUE

### DAY 3

## Read Ephesians 5:20

What if for just 30 minutes, you tried to say “thank you” to everyone you could? That includes anyone who helps you, anyone who says something kind, or anyone who puts you first. Thirty minutes probably wouldn’t be all that hard for you.

Do you think you could do the same thing with God? There is a lot of stuff you can thank God for.

Grab a piece of paper and set a timer for two minutes. During those two minutes, write down everything you want to thank God for!

*To make this even more fun, ask another family member to take the same challenge and then compare your lists when the two minutes is up.*

Read through this list as a thank you prayer to God. **Remember, when it comes to saying thank you, God should always be at the top of our list!**

### DAY 4

## Read Psalm 103:1-2

Do you know why saying thank you is so important? It isn’t enough to simply feel grateful. Gratitude is letting others know you see how they’ve helped you. It’s speaking up and saying it out loud.

This is true when it comes to how we talk to God too. When we say thank you to God in prayer, we remember who He is (the God of all creation who made us and loves us) and all He’s done (the one who sent His only son Jesus, so that we could be a part of his family forever). God wants us to talk to Him in prayer, to tell Him what we’re worried about and to ask for His help. But we should always start by saying thank you. Gratitude reminds us who we’re talking to and helps us show honor and worth to our heavenly Father.

**When do you talk to God?** As you pray this week, try to spend more time, saying “thank you” than “please help” or “I want.” If you do, deep down (as our verse reminds us) you’ll be praising God in the way that He deserves.

NOVEMBER  
2020

# Elementary

WEEKLY CUES

YOU GOT  
THIS!

## Theme

# Shout Out: Let 'em Know You're Thankful

Gratitude is letting others know you see how they've helped you.



### REMEMBER THIS

"Give thanks to the Lord,  
because he is good. His faithful  
love continues forever."  
Psalm 136:1, NIV

## Week Three

Jesus Heals 10 Men  
Luke 17:11-19

## Say This

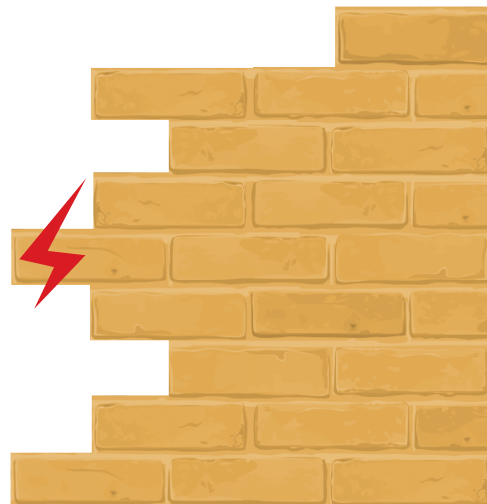
Say thank you.

## Do This



## Bed Time

**S**hare about something in your life that hasn't gone the way you hoped. Whether it is big or small, can you think of things to be grateful for? Make a list of at least ten things you are thankful for right now. Pray together, thanking God and asking Him to give you eyes to see all the good things around you—no matter what is going on in your life.





**Gratitude  
can transform  
common days into  
thanksgivings,  
routine jobs into  
joy, and ordinary  
opportunities into  
blessings.**

**—William Ward**

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