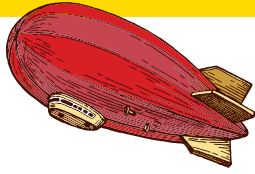


Super Fan: Cheer Each Other On



Use this guide to help your family learn how God wants us to be kind to everyone.

First, watch
this week's
video!

Kindness:
Showing
others they
are valuable
by how you
treat them

Memory Verse

You are God's chosen people. You are holy and dearly loved. So put on tender mercy and kindness as if they were your clothes. Don't be proud. Be gentle and patient. Colossians 3:12, NIV

Bible Story

Ruth and Boaz
Ruth

Key Question

When is it hard to be kind?

Activity

Easy or Not Easy?

WHAT YOU NEED:

Two paper plates and a marker

WHAT YOU DO:

Ask your child to write "EASY" in large letters on one paper plate. Then, ask them to write "NOT EASY" on another paper plate.

Tell your child you're going to describe a scenario they might encounter. Then, prompt them to hold up the corresponding plate based on whether they think it would be "EASY" or "NOT EASY" to respond with kindness.

Scenarios:

- Your friend got an "A" and you got a "C." Easy or not easy to be kind to your friend?
- You got an "A" and your friend got a "C." Easy or not easy to be kind to your friend?
- You got screen time taken away and you think it's unfair. Easy or not easy to be kind to your mom?
- You're stuck at home and your younger brother keeps bothering you. Easy or not easy to be kind to him?
- For movie night, your family picked a movie you really don't like. Easy or not easy to be kind to them?
- Someone ate the last ice cream sandwich (or another treat you know your child loves) and you were planning on eating it after school. Easy or not easy to be kind to your family?

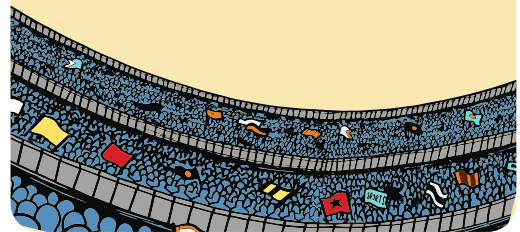
Talk About the Bible Story

Who in our story showed kindness? What did they do to be kind to others? (*Ruth chose to stay with Naomi. Boaz allowed Ruth to gather food. Ruth and Boaz invited Naomi to live with them.*)

Why is it sometimes harder to be kind to the people we see all the time . . . and easier to be kind to people we don't know very well?

What are some things we can do to help us to remember to show kindness to our family and close friends?

Parents, talk about a time when you struggled to be kind to a close friend, or someone in your family.



Prayer

Use this prayer as a guide, either after talking about the Bible story or sometime before bed tonight:

"God, thank You for Your never-ending, great big love for us. We know that no matter how many times we mess up, You ALWAYS choose to love and show kindness to us. This week, someone in our family or one of our close friends WILL bug or frustrate us, and we WILL be tempted to do something to bug or frustrate them right back. Help us to show Your kindness instead—even when it's the last thing we want to do. We love You. In Jesus' name we pray, amen."



Day 1

Go to Studio252.tv and watch this week's episode of The So & So Show.

➡ Click on Fun2Watch! then The So & So Show.

Even if you already saw it at church, feel free to check it out again!

SO & SO TOP 3

After watching, write one thing that:

1. You liked: _____

2. You learned: _____

3. You'd like to know: _____

Journal

Spend some time thinking about the question below and journal your thoughts or share them with a parent.



Day 4

Out of all of the people we interact with each day, the ones it's usually hardest to be kind to are the ones we are closest to.

Why is that? Perhaps because we don't feel we have to be kind to them—they're going to stick around no matter what. Or maybe because we just get annoyed by being around each other all the time, and when our patience wears thin, our ability to be kind does too.

But the people we're closest to are also the ones that at the end of the day, are the most valuable to us! You probably can't imagine your life without the caring adults in your life, your best friend, or yes, even your brother or sister. Showing those closest to you how valuable they are by being careful with the way you speak to them is one of the best gifts you can give them.

Write the word *speak* on your left hand and the word *kindly* on your right. (You can ask someone for help if you need to!) Today, use those words as a reminder to speak kindly to your friends and family.

Be kind to your family and friends with the words and way you speak (or don't speak)!

Day 5

When is it hard to be kind?

Before you read the paragraph below, put your face really close to the paper. Like, so close your nose touches the paper. Then try to read it.

It's not always easy to be kind, is it? The closer we get, often the harder it is. Sometimes we forget that when we aren't kind, it's like telling others they aren't valuable to us—that their feelings or thoughts don't matter. But most of us would never want our family and friends to feel that way, would we?

How hard was it to read that paragraph? Pretty tricky, right? You'd think that being closer would make it easier, but sometimes, that closeness makes it more challenging, just like kindness. So how can we be kind, even when it's hard? It's a choice we have to make every single day.

Grab two sheets of paper. On one, make yourself a chart for the week ahead, and for each day, put a person's name that you are close to, and one thing you can do to show them kindness. Then decide what you want your "check mark" to be. It could be hearts, a thumbs up, or a regular check mark. On the other sheet of paper, draw seven of those, and cut them out. Each day that you accomplish your act of kindness, tape one of your check marks to the paper.

It may seem a little strange to make kindness a to-do list, but once you get in the habit of being kind to those closest to you, you won't need a list to remember!

Day 2

Read Ruth 1:3-17; 2:8-16

Throughout Ruth's life, we see kindness. Kindness she shows to her family and friends, and kindness others show to her. None of these acts of kindness were without sacrifice though.

As you read Ruth 1:13-17; 2:8-16, think about what each person had to give up to show kindness. Fill in the blanks below with the missing letters to spell out what each person had to give up—or at least risked giving up.

By sticking with Naomi,

Ruth gave up her HO___ L___ N___

Ruth gave up her chance to get
___AR___ I___D and have a ___A___ I___

By showing kindness to Ruth,

Boaz gave up some of his

H___V___T of B___R___Y



Day 3

One of the best ways you can be kind to others is by praying for them!

Make a list of the people you're closest to. Include all the family members that live in your house, and the friends you interact with on a daily basis. Then, reach out to each person on the list and ask them how you can pray for them today. Write down their prayer request and then pray.

Praying for the people you're closest to is a great way to show them how valuable they are to you and to God!

FEBRUARY
2021

Preteen

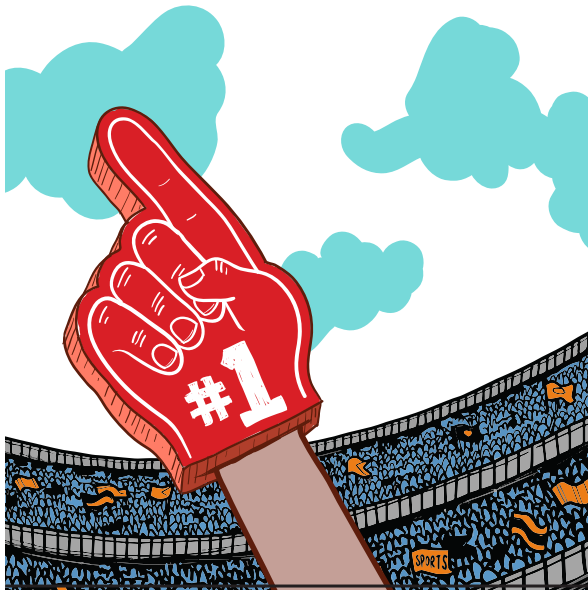
WEEKLY CUES

YOU GOT
THIS!

Theme

Super Fan: Cheer Each Other On

Kindness is showing others they are valuable by how you treat them.



REMEMBER THIS

"You are God's chosen people. You are holy and dearly loved. So put on tender mercy and kindness as if they were your clothes. Don't be proud. Be gentle and patient."
Colossians 3:12, NIV

Week Two

The Book of Ruth
Ruth and Boaz

Ask This

When is it hard to be kind?

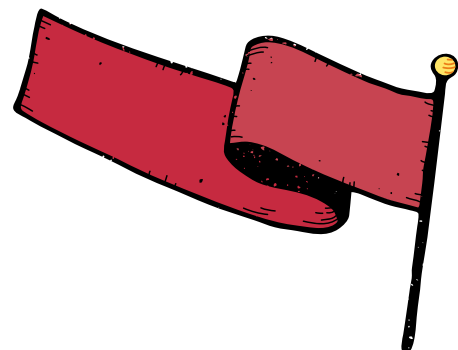
Do This



Meal Time

Q&A FOR KIDS: What are you the biggest fan of?

Q&A FOR PARENTS: Who are you the biggest fan of?



**If you want a kid to
know they matter,
then talk to them
using words that
set them up to feel
significant, valued,
and unique.**

For blog posts and parenting resources, visit TheParentCue.org