

Bake Off: It's Worth The Wait



**First, watch
this week's
video!**

Patience:
Waiting until
later for what
you want now

Memory Verse

Wait for the Lord.
Be strong and
don't lose hope.
Wait for the Lord.
Psalm 27:14, NIV

Bible Story

Esau's Impatience
Genesis 25:24-34

Bottom Line

If you don't wait,
it could cost you.

Use this guide to help your family learn how
God can help us to be patient.

Activity

Worth the Wait

What You Need:

Something to bake (and the required ingredients)—muffins, bread, cake, etc. This can be anything that requires time to bake to be edible.

What You Do:

Set up your kitchen with what you're going to bake. If you have time, go ahead and measure out all the ingredients.

Tell your child that they're going to be a baker today. Walk your child through combining the ingredients correctly. But before you fully combine them, pause and ask, "What do you think this would taste like if we were to eat a spoonful of it right now?" (Gross! Yucky!)

Then finish, combining the ingredients per the directions.

Once your treat is in the oven, have your child (or help your child) set a timer. Say, "We have to wait [AMOUNT OF TIME] until it's ready." Then, complete the Talk About the Bible Story section while you wait. Prompt your child to check the timer periodically. If there's time, ask your child to help you do the dishes. Once the timer goes off, take your treat out of the oven.

Say, "Now we have to wait for it to cool off before we eat it!"

Talk About the Bible Story

If we were to eat our treat before it's ready to be eaten, what might happen? (*It would taste bad, burn our mouths, make us sick.*)

Who had trouble waiting in our story today? (*Esau*)

When Esau didn't wait, what did it cost him? (*his birthright as the firstborn son*)

Why do you think waiting is so hard for everybody—adults included?

When was the last time you didn't wait with a good attitude?

Parent: Talk about a time when not waiting cost you something.



Prayer

Use this prayer as a guide, either after talking about the Bible story or sometime before bed tonight:

"Dear God, we need Your help. Waiting isn't always easy, but we know that it's much better to wait on You than to face the consequences of losing our cool. Let us learn from Esau's foolish and impatient choice. When we think we can't wait, help us to stop and remember what it might cost us if we don't wait patiently. In Jesus' name, amen."

Patience means waiting until later for what you want now.

WEEK
3
2ND-3RD

DAY 1

Read Proverbs 15:18

Ever play the blame game? Ever point a finger at someone else as if to say, "It's not my fault. It's her fault?"

Be honest. No one else has to hear your answer. Does the blame game stir things up and or calm them down?

The next time you find yourself in an argument with a friend or sibling, stop and ask yourself a simple question: "Am stirring things up or working to calm them down?" If you're stirring things up, take a deep breath and then try to respond with patience instead.

Find a friend and play the patience game. Sit on the floor to face each other. The object of the game is to sit completely still as you stare at each other. The first person to laugh, loses. Play again and time yourselves to see how long you can go before someone "loses" it.

DAY 2

Read 1 Corinthians 13:4

Jesus said that the number one thing we can do is love. Love God and love others. Today's verse reminds us what love looks like. It's kind. It's not jealous or braggish or proud. But the first part of the verse might actually be the hardest.

Love is patient. Love doesn't hurry or yell or push to the front or insist one way is the only way. Love lets others go first. Love waits it's turn.

Think back over your day. Were you impatient with anyone? What happened? What could you have done differently to help you focus on showing love to that person instead of impatience?

On a piece of paper, write out the words "LOVE IS PATIENT" in big block letters. Decorate the page with lots of color so it will really stand out. Post your masterpiece on the fridge or in another prominent place where everyone in your home can see it. Each time you read it, ask God to help you show love to others by choosing to be patient. Then thank Him for always being patient with you.

PARENT CUE

DAY 3

Read Ecclesiastes 7:8-9

Do you know what a fool is? A fool is someone who makes unwise decisions. No one wants to be called a fool.

When you're waiting, what if you thought about the end instead of the beginning? In the end, don't you want to be seen as a wise, patient person? Don't you want to be the kind of friend others can trust and depend on?

When you fly off the handle, when you interrupt because you think what you have to say is more important, when you push ahead when you're not prepared, it could cost you. You might look foolish. **It's better to choose patience.**

DAY 4

Read Proverbs 16:32

According to our verse today, what's better? To choose patience or to lose your temper? Instead of fighting or insisting your way is right, it's better to take a deep breath. It's better to calm down before you blow up. Becoming frustrated and impatient won't solve the problem. So, instead of blowing up, what if you tried these steps instead:

Calm It Down Steps

1. Stop
2. Count to 10
3. Try again

When you're not patient, it could cost you. You could end up hurting others by saying something unkind that you don't mean. You could even end up hurting yourself. **So the next time you're about to lose control because you think you can't wait, stop, count to ten, and then try again. Ask God to help you so you can protect yourself and others.**

*If you don't wait,
it could cost you.*

MARCH
2021

Elementary

WEEKLY CUES

YOU GOT
THIS!

Theme

Bake Off: It's Worth the Wait

Patience is waiting until later
for what you want now.



REMEMBER THIS

“Wait for the Lord. Be
strong and don’t lose hope.
Wait for the LORD.”
Psalm 27:14, NIV

Week Three

Genesis 25:24–34
Esau’s Impatience

Say This

If you don’t wait, it could cost you.

Do This



Bed Time

Waiting can be tough but trying
to skip the wait can come at a
big cost. Share something that you’re
having a hard time waiting for. Pray that
when you’re tempted to jump ahead this
week, God will give you the patience to
slow down and wait.



**“Sometimes our
impatience in
this season is what
robs a child of being
prepared in the
next season.”**

—Kristen Ivy

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